

OOS Firehall Fundraiser Raises \$1620 for Élisabeth Bruyère's Palliative Rehabilitation



The Yoga Fundraiser for Élisabeth Bruyère's Palliative Rehabilitation Program held at the Ottawa South Community Centre 260 Sunnyside Ave. on Sunday, May 15 attracted 33 yoga enthusiasts. Participants donated \$810 which was matched by the Ottawa Regional Cancer Foundation to make the total raised \$1620. The class was organized by Yoga Instructor Andrea Robertson and the centre's Program Coordinator Dinos Dafniotis. Élisabeth Bruyère's Palliative Care Rehabilitation program helps patients with cancer, even when incurable, to improve their quality of life, by enhancing their overall health condition through exercise, good nutrition, psychosocial care, and management of medical complications. Thanks to everyone who participated.