

ADVENTURE WELLNESS RETREAT



Includes

- 7 nights accommodation
- Daily yoga and boot camps
- Surf, massage, zip-lining, jungle trekking
- Massage therapy
- Healthy vegetarian, breakfast, lunch and dinner

2011 Schedule

- December 7th – 14th
- Early bird special
- Pay \$1399, if paid in full by Oct 15th
- After Oct 16th pay 1499 – 25% down to secure your spot